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# Campral (acamprosate calcium) - Drug Summary

Forest Laboratories. Inc.

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# Campral

(acamprosate calcium)

# THERAPEUTIC CLASS

GABA analogue

#### **DEA CLASS**

# ADULT DOSAGE & INDICATIONS

#### Alcohol Dependence

Maint of Abstinence from Alcohol in Patients w/ Alcohol Dependence Who are Abstinent at Treatment

Usual: Two 333mg tabs tid; a lower dose may be effective in some patients

Initiate treatment as soon as possible after the period of alcohol withdrawal, when patient has achieved abstinence, and maintain if patient relapses; use as part of a comprehensive psychosocial treatment program

### DOSING CONSIDERATIONS

# **Renal Impairment**

Moderate (CrCI 30-50mL/min):

Initial: One 333mg tab tid

### **ADMINISTRATION**

Oral route

Take w/o regard to meals

# **HOW SUPPLIED**

Tab, Delayed Release: 333mg

#### CONTRAINDICATIONS

Severe renal impairment (CrCl ≤30mL/min).

# WARNINGS/PRECAUTIONS

Treatment should be initiated as soon as possible after the period of alcohol withdrawal and should be maintained if the patient relapses. Suicidal events reported. Does not eliminate or diminish withdrawal symptoms. Caution with moderate renal impairment and in elderly.

# **ADVERSE REACTIONS**

Diarrhea, insomnia, anxiety, depression, asthenia, anorexia, pain, flatulence, nausea, dizziness, pruritus, dry mouth, paresthesia, sweating.

# DRUG INTERACTIONS

Weight gain/loss may occur with concomitant antidepressants.

## PREGNANCY AND LACTATION

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Category C, caution in nursing.

# **MECHANISM OF ACTION**

Gamma-aminobutyric acid (GABA) analog; has not been established. Suspected to interact with glutamate and GABA neurotransmitter systems centrally, and to remedy the imbalance between neuronal excitation and inhibition caused by chronic alcohol intake.

#### **PHARMACOKINETICS**

**Absorption:** Absolute bioavailability (11%);  $C_{max}$ =350ng/mL,  $T_{max}$ =3-8 hrs. **Distribution:** (IV)  $V_d$ =72-109L. **Elimination:** Kidneys (unchanged);  $T_{1/2}$ =20-33 hrs.

#### **ASSESSMENT**

Assess for renal impairment, drug hypersensitivity, pregnancy/nursing status, and possible drug interactions.

#### **MONITORING**

Monitor for development of symptoms of depression or suicidal thinking, renal dysfunction, and other adverse reactions.

# PATIENT COUNSELING

Inform that a lower dose is recommended for patients with moderate renal impairment and therapy is contraindicated with severe renal impairment. Instruct family and caregivers to monitor patients for the emergence of symptoms of depression/suicidality and to report such symptoms to physician. Inform that use of drug does not eliminate or diminish withdrawal symptoms. Instruct to notify physician if become pregnant or intend to become pregnant, and breastfeeding. Advise to continue therapy ud, even in the event of relapse; remind patient to discuss any renewed drinking with physician. Advise that therapy has been shown to help maintain abstinence only when used as part of treatment program that includes counseling and support.

# **STORAGE**

25°C (77°F); excursions permitted to 15-30°C (59-86°F).

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